



2024 SPRING SKATING SCHOOL

DATES: April 8 – May 31, 2024 @ Collicutt Center

Club Administrator Phone: (403) 358-1701

Email: skatereddeer@hotmail.com

Web: www.skatereddeer.com

General Information

- Spring School ice runs at the Collicutt Center 3031 30th Avenue.
- Registrations will be done on the website: www.skatereddeer.com
- Red Deer Skating Club members can register first until March 17th then non-RDSC members may register.
- Mondays skaters are only allowed to take one session per day until May 5th at which time they can book the extra session Monday from 4-5pm.
- Test Day: May TBA. Simulation Ice: TBA
- Sessions are purchased by the session, not the amount of time your skater will be skating on that session.
- NO make up ice allowed.
- Drop In is allowed if space permits. Please email the club and copy your coach 24 hours prior to the session. Drop In cost \$20/session.
- All sessions are OPEN sessions. Skaters of all levels are on the ice and may do freeskate, skills or dance on the session.

FIT Class or FLEX Class

- An opportunity to enhance skating on the floor by doing jump technique, stretching, fitness, and more. Meet in the arena lobby. Please bring a yoga mat, water bottle and runners. Fees are included for this program but please add the class to your cart when registering. F&F class is for all Starskaters who would like to attend.

Train The Brain

- Human Performance class for Prestar and Junior skaters to help with focus, training habits and positive self-talk. Fees are included for this program. Wednesdays April 10th & May 1st from 515-6pm in the upstairs board room. Please add to your cart at the time of registration.

Psyched 2 Perform

- Human Performance class is for Starskaters to help with focus, training habits and positive self-talk. Fees are included for this program. Wednesdays April 10th and May 1st from 400-445pm in the upstairs board room. Please add to your cart at the time of registration.

Fees:

Monday	Session #1	4:00-5:00PM	April 8, 15, 22, 29 May 6, 13, 27	\$105.00
Monday	Session #16	4:00-5:00PM	May 6, 13, 27	\$45.00
Monday	Session #2	5:00-6:00PM	April 8, 15, 22, 29 May 6, 13, 27	\$105.00
Tuesday	Session #3	6:30-7:15AM	April 9, 16, 23, 30 May 7, 14, 21, 28	\$90.00
Tuesday	Session #4	7:15-8:00AM	April 9, 16, 23, 30 May 7, 14, 21, 28	\$90.00
Tuesday	Session #5	4:00-5:00PM	April 9, 16, 23, 30 May 7, 14, 21, 28	\$120.00
Tuesday	Session #6	5:00-6:00PM	April 9, 16, 23, 30 May 7, 14, 21, 28	\$120.00
Wednesday	Session #7	4:00-5:00PM	April 10, 17, 24, May 1, 8, 15, 22, 29	\$120.00
Wednesday	Session #8	5:00-6:00PM	April 10, 17, 24, May 1, 8, 15, 22, 29	\$120.00
Wednesday	Session #9	6:15-7:15PM	April 10, 17, 24, May 1, 8, 15, 22, 29	\$120.00
Wednesday	Session #17	4:00-5:00PM	May 8, 15, 22, 29	\$60.00
Thursday	Session #10	6:45-7:45AM	April 11, 18, 25 May 2, 9, 16, 23, 30	\$120.00
Thursday	Session #11	4:00-5:00PM	April 11, 18, 25 May 2, 9, 16, 23, 30	\$120.00
Thursday	Session #12	5:00-6:00PM	April 11, 18, 25 May 2, 9, 16, 23, 30	\$120.00
Friday	Session #13	12:00-1:00PM	April 12, 19, 26 May 3, 10, 17, 24, 31	\$120.00
Friday	Session #14	4:00-5:00PM	April 12, 19, 26 May 3, 10, 17, 24, 31	\$120.00
Friday	Session #15	5:00-6:00PM	April 12, 19, 26 May 3, 10, 17, 24, 31	\$120.00
Monday	FIT & PRESTAR	5:15-6:00PM	April 8, 15, 22, 29 May 6, 13, 27	\$0
Monday	FIT & FLEX	6:15-7:15PM	April 8, 15, 22, 29 May 6, 13, 27	\$0
Tuesday	FIT & FLEX	6:15-7:15PM	April 9, 16, 23, 30 May 7, 14, 21, 28	\$0
Thursday	FIT & FLEX	6:15-7:15PM	April 11, 18, 25 May 2, 9, 16, 23, 30	\$0
Wednesday	PSYCHED 2 PERFORM	4:00-4:45PM	April 10 May 1	\$0
Wednesday	TRAIN THE BRAIN	5:15-6:00PM	April 10 May 1	\$0

****The Red Deer Skating Club reserves the right to change the schedule.***

***** Sessions # 1 & # 7 are ice sharing with Prestarskate***

Summer School

The Red Deer Skating Club will be offering 6 weeks of Summer School starting July 2nd and ending August 9th, 2024. The registration package for Summer School will be available on our website in March 2024.

Professional Coaching Staff

The following Coaches are under contract with The Red Deer Skating Club to teach private lessons. Skaters are required to contact the coaches directly to book lesson times.

Patti Somer

National Coach
Coaching Since: 1982
Rate: \$13.00
Phone: 403-396-3964
pattisomer@gmail.com

Lana Bellmore

Provincial Coach
Coaching Since: 1991
Rate: \$13.00
Phone: 403-506-1880
lanabellmore@gmail.com

Jessica Mackay

Provincial Coach
Coaching Since: 2014
Rate: \$12.00
Phone: (780) 999-4192
jess.sergeant@hotmail.com

Jennifer Shigematsu

Provincial Coach Trained
Coaching Since: 1993
Rate: \$ 12.00
Phone: (780) 385-0222
mjmk@live.ca

Morgan Rattai

Provincial Coach
Coaching Since: 2002
Rate: \$11.00
Phone: (780) 298-3258
morganrattai@outlook.com

APRIL 2024

COLLICUTT CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7	8 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	9 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	10 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open 4:00-4:45 P2P 5:15-6:00 TTB	11 6:45-7:45am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	12 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	13
14	15 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	16 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	17 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open	18 6:45-7:45am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	19 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	20
21	22 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	23 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	24 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open	25 6:45-7:45am Open 4:00 – 5:00 Open 5:00 - 6:00 Open 6:15-7:15 F&F	26 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	27
28	29 4:00-5:00 Pre/Jr 5:00-6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	30 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F				

MAY 2024

COLLICUTT CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 4:00-5:00 Pre/Jr 5:00 -6:00 Open 6:15-7:15 Open 4:00-4:45 P2P 5:15-6:00 TTB	2 6:45-7:45am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	3 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	4
5	6 4:00 -5:00 Open 5:00 -6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	7 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	8 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	9 6:45-7:45am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	10 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	11
12	13 4:00 -5:00 Open 5:00 -6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	14 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	15 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	16 6:45-7:45am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	17 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	18
19	20 NO SKATING VICTORIA DAY	21 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	22 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	23 6:45-7:45am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	24 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	25
26	27 4:00 -5:00 Open 5:00 -6:00 Open 5:15-6:15 Pre & F 6:15-7:15 F&F	28 6:30-7:15am Open 7:15-8:00am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	29 4:00-5:00 Open 5:00 -6:00 Open 6:15-7:15 Open	30 6:45-7:45am Open 4:00-5:00 Open 5:00-6:00 Open 6:15-7:15 F&F	31 12:00-1:00 Open 4:00-5:00 Open 5:00-6:00 Open	